## An overview of COS-CRC and the scales and number of items in each scale

Scales (number of items)
Part I
Sense of dejection (6)
Anxiety (7)
Behaviour (7)
Sleep (4)
Introvert (4)
Change in body perception (3)
Fear & Powerlessness (4)
Change in perception of own age (2)
Emotional reactions (2)
Life-style changes (single item)
Sexuality (single item)
Part Ix
Perceived burden of bowel preparation (6)
Knowledge of having colorectal polyps (2)
Negative physical colonoscopy experiences (3)
Negative emotional colonoscopy experiences (5)
Regret on participation (single item)
Part II
Social relations (3)
Relaxed/calm (3)
Impulsivity (6)
Existential values (5)
Empathy (3)