Evidence-Based Medicine

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Contents

Purpose and procedure Additional articles abstrcted in ACP Journal Club

EBM Notebook

Practice Corner: Taking evidence in hand **Resource Review**

Therapeutics

Magnesium sulphate prevented eclampsia in women with pre-eclampsia

Simvastatin reduced mortality and vascular events

Antioxidant vitamins did not reduce death, vascular events, or cancer in high risk patients

Oestrogen plus progestin was not effective for long term secondary prevention of coronary heart disease in postmenopausal women

Long term oestrogen plus progestin increased venous thromboembolism and biliary tract surgery in postmenopausal women

Self management with the Angina Plan reduced anxiety, depression, angina attacks, and use of medication

Review: β blockers increase fatigue and sexual dysfunction but not depression after myocardial infarction

Coumadin alone or aspirin plus coumadin reduced coronary events and death after acute myocardial infarction or unstable angina

Involving patients with type 2 diabetes, hypertension, and hyperlipidaemia in disease management improved outcomes

Review: primary prevention strategies do not improve contraceptive use or reduce pregnancies in adolescents

Lansoprazole reduced recurrence of ulcer complications in long term use of low dose aspirin





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