

Evidence-Based Medicine

for Primary Care and Internal Medicine



Editors: Brian Haynes & Paul Glasziou

Contents

Purpose and procedure	129	Diagnosis BNP and amino terminal proBNP assays did not differ for	
EBM notebook Jottings Letter: Meta-analysis can be statistically misleading	130 130	detecting congestive heart failure in the emergency department A decrease of ≥2 points on the Mini-Mental State Examination	148
In response: but they also present an opportunity to	130	was the best determinant of delirium in elderly patients admitted to hospital	149
learn more.	130	'	
Clinical skills textbooks fail evidence-based examination	131	Prognosis	
Statistical approaches to uncertainty: p values and confidence	133	Review: B type natriuretic peptide consistently predicts death and cardiovascular events in heart failure	150
intervals unpacked Evidently	135	Gleason score predicted mortality rate to 20 years for	130
Lvidoiiiy	103	untreated early prostate cancer	151
Therapeutics		Overall mortality was 2.2% in children after a first unprovoked	
Warfarin was not more effective than aspirin and increased		afebrile seizure	152
adverse events in symptomatic intracranial arterial stenosis	136		
Low dose aspirin lowered stroke risk but not risks of MI or cardiovascular deaths in women	137	Actiology Subdicised hypothyraidism increased the rick of placental	
Intensified blood pressure (BP) control was not better than	13/	Subclinical hypothyroidism increased the risk of placental abruption and poor neonatal outcomes	153
conventional BP control in non-diabetic chronic renal disease	138	abrophon and poor neonatal outcomes	155
ED use of magnesium sulphate improved rate control in		Quality improvement	
atrial fibrillation with rapid ventricular response	139	Pharmacist led, primary care based disease management	
Review: several pharmacological therapies promote modest	140	reduced risk factors and improved glycaemic control in diabetes	154
weight loss Povious sparse high quality evidence supports surgery for chesity	140 141	Clinical production anido	
Review: sparse high quality evidence supports surgery for obesity Screening for abdominal aortic aneurysm (AAA) reduced	141	Clinical prediction guide A clinical prediction model predicted absence of significant	
AAA mortality in Danish men 64–73 years of age	142	fibrosis in chronic hepatitis B	155
A smoking cessation programme plus inhaled ipratropium		ilistosis iit ciliotile liopalilis s	
improved survival in asymptomatic airway obstruction	143	Additional articles abstracted in ACP Journal Club	156
Clinician advice, an interactive computer program, and		All of the	
motivational counselling increased smoking cessation in teens	144	Other articles noted	157
Cognitive therapy reduced relapses and number of days in bipolar episodes in <i>DSM-IV</i> bipolar I disorder	145	Resource reviews	159
Review: bright light therapy and dawn simulation reduce	173	Vesonice lealems	137
symptom severity in seasonal affective disorder	146	Glossary Inside bo	ack cove
Buccal oxycodone reduced pain more than placebo in			
children with acute undifferentiated abdominal pain	147		