

# Are eponyms used correctly or not? A literature review with a focus on shoulder and elbow surgery

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## Abstract

Background Eponymous terms are used frequently in daily patient care and scientific literature. They remind us of our predecessors in surgery. It is debatable whether eponymous terms are reliable in case of information transfer. The aim of our study was to investigate whether the original meaning of eponymous terms in shoulder and elbow surgery has been preserved in its use in contemporary literature.

**Objective** To evaluate whether eponymous terms were used correctly, we analysed the use of frequently encountered eponymous terms from January to December 2014.

Study selection By means of a PubMed search, articles with eponymous terms were identified and analysed for the way an eponymous term was used, and we compared it with the original description. The original description was traced back to the index publication. The use of the eponymous term was scored as similar, divergent or undefined. In the search for eponymous terms, we included those eponymous terms that were used more than 10 times in the English, German and Dutch literature of 2014. 6 eponymous terms were eligible for analysis: Bankart lesion, Bristow-Latarjet procedure, Essex-Lopresti injury of the forearm, Galeazzi fracture, Hill-Sachs lesion and Monteggia fracture.

Findings We analysed 96 articles with the listed eponymous terms, of which 27 (28%) were scored divergent, 32 (33%) undefined and 37 (39%) similar. Bristow-Latarjet scored lowest, with 0% descriptions similar to the original, meaning that all articles had an undefined or divergent eponym, and Essex-Lopresti scored highest with 82% similarity.

**Conclusions** Eponymous terms in shoulder and elbow trauma and surgery are used inadequately and inconsistently. The use of eponymous terms probably cannot be avoided, but since the majority of eponymous terms are not used properly and understanding of its meaning and content varies from surgeon to surgeon, we should be keen on explaining the meaning of eponymous terms when using them.

## Introduction

When the name of an inventor or discoverer is used to describe a condition, procedure or fracture it is called an eponymous term and the namegiver becomes an eponym. Eponymous terms recognise some of the pioneers in the field. In contrast with an anatomical or developmental description, the original meaning of an eponymous term may have been lost over time. New insights in pathology, pathoanatomy and trauma mechanisms can make the use of historical eponymous terms inappropriate. Adaptations of the original meaning might develop over time and may lead to improper use and understanding of eponymous term. With time, insights into and development of new techniques for diagnosis and operative care change. This can result in modification of eponymous terms.

New nomenclature may even become more appropriate than the historical eponymous term. We are all aware of the need to speak the same language in order to avoid misinterpretation and errors. It is under debate whether eponymous terms contribute to avoid confusion. Misspelling of an eponymous term may make publications on a subject untraceable. This is especially the case with foreign names or words that are used in the English-language literature and vice versa.

With our current research, we tried to establish whether eponymous terms are still used in current literature and whether their original meaning was used.

## Materials and methods

To establish whether eponymous terms are correctly used in current literature, 12 common eponymous terms for traumatic conditions of shoulder and elbow were selected (table 1) on a consensus basis by a committee of experts in the field of upper extremity injuries. A PubMed search was conducted to find articles that used the eponymous terms. The search was limited to journal publication dates between 1 January 2014 and 1 January 2015. Possibly misspelled eponymous terms were included in the search, as were eponymous terms with 10 or more hits. This resulted in six eponymous terms that were eligible for our study. Languages were limited to English, German and Dutch. Systematic literature reviews were excluded. Current concept articles were not excluded.

For the six selected eponymous terms, the original description was traced by means of historical research. The search was conducted by backtracking references up to the original description or analysis of textbooks written by the person whose eponymous term is discussed. After identifying the index publication, the sentence or passage on which the eponymous term is based was carefully identified and used to compare it with the current articles.

On identification, the articles were analysed for the description of the eponymous term itself and then compared with the description in the original publication. This was done by three authors. When the authors were not unanimous, consensus was met after discussion on the score given. If the description in current articles did not meet the original one, the article was scored as 'divergent'; if there was no clear description of the eponymous term, it was scored as 'undefined'. If the description was the same as the original manuscript, it was scored 'similar'. In case that the authors chose to use a modification of the eponymous term but stated the original meaning in their material and methods, the article was scored as 'similar' too. No analysis was done to ascertain the quality of research or to interpret the outcomes of the articles. The six eponymous terms selected are (table 1 and figure 1) as follows:

- Bankart (also Bankert) lesion, excluding 'Bankart procedure' and 'bony Bankart'
- ▶ Bristow-Latarjet (also Laterjet) procedure
- Essex-Lopresti injury of the forearm
- Galeazzi (also Galeazi) fracture
- Hill-Sachs lesion, excluding reverse Hill-Sachs
- Monteggia (also Montegia) fracture

From the original publications, these eponymous terms are defined as follows:

- ► The *Bankart lesion* (Arthur Sidney Blundell Bankart, 1879–1951) is a detachment of the glenoid ligament from the anterior margin of the glenoid cavity after anterior glenohumeral injury.<sup>1</sup> It should be noted that 'bony Bankart' is an interesting term, as Bankart wrote explicitly that he never had seen recurrent dislocation after glenoid fracture or bony abnormality.<sup>1</sup> Therefore the 'bony Bankart' is excluded from our analysis.
- The Bristow-Latarjet procedure (Walter Rowley Bristow, 1882-1947, and Michel Latarjet, 1919-1999) is a difficult eponymous term, since it comprises two surgical procedures that are very much alike but not the same. The distinctive similarity between the Bristow and Latarjet procedures is the use of the coracoid for anterior shoulder stabilisation. Bristow used only the tip of the coracoid and fixed the conjoined tendon to a slit in the subscapular muscle with sutures, as described by Helfet in 1958.<sup>2</sup> Latarjet used the whole coracoid and fixed it with one screw, and raved the anterior shoulder capsule, as he described in 1958.<sup>3</sup> Only stating 'coracoid transposition' is not specific enough to establish the exact technique used, so the articles using this description were scored as 'undefined'.
- ► The Essex-Lopresti injury (Peter Gordon Essex-Lopresti, 1915–1951) of the forearm was described in 1951 as a comminuted radial head

Table 1         Search results	
Eponym/PubMed search term	PubMed hits in 2014
Bankart (Bankert) lesion	40
Bristow-Latarjet (Laterjet) procedure	11
Essex-Lopresti forearm injury	12
Eden-Hybbinette (Hybinette) procedure	1
Galeazzi (Galeazi) fracture	11
Hill-Sachs lesion	31
Kaplan approach elbow	1
Kocher incision elbow	1
Lewis-Holstein fracture	0
Monteggia (Montegia) fracture	23
Perthes shoulder	0
Volkmann contracture forearm	4

## Table 1 Search results

fracture with dislocation of the distal radioulnar joint and disruption of the interosseous membrane.<sup>4</sup>

- Galeazzi (Riccardo Galeazzi, 1891–1961) in his original articles from 1934 and 1935 described a fracture of the radius with dislocation of the distal radioulnar joint.<sup>5 6</sup> This fracture came to bear his name.
- ► Hill and Sachs (Harold Arthur Hill, 1901–1973, and Maurice David Sachs 1909–1987) described in 1940 a distinctive defect in the humeral head after anterior shoulder dislocation. It is a compression fracture that shows four specific characteristics radiologically: (1) It is at the posterolateral location of the humeral head; only very large defects extend into the greater tuberosity. (2) In external rotation the defect is subtle and often overlooked. (3) The indentation is best seen with the arm in internal rotation and presents as a dense line of 'condensation'. (4) An avulsed fragment from the humerus is practically never present; there may be a small chip from the inferior portion of the glenoid rim.<sup>7</sup> Since Hill and/or Sachs did not describe the reversed type of this lesion, articles on this subject were excluded.
- Monteggia (Giovanni Battista Monteggia, 1762–1815) described in 1814 a fracture of the proximal third of the ulna combined with an anterior dislocation of the radial head at the proximal radioulnar joint.<sup>8</sup> A fracture at any site of the ulna with any kind of proximal radial dislocation was described by Hamilton and Malgaigne, but the majority of these fractures are not by definition a Monteggia fracture.<sup>9</sup>

## Results

## Bankart lesion

Initial search with the keywords 'Bankart lesion' and 'Bankert lesion' produced 40 hits in PubMed, and after exclusion of abstract and full text, 24 were included for final analysis (graph 1).<sup>10–33</sup> The excluded articles were in a different language (two Spanish, one Czech), reported on Bankart repair (3) or bony Bankart lesions (6) or were systematic reviews (4). Nine (37%) articles did not clearly define a Bankart lesion. Four (17%) descriptions were divergent, and the remaining 11 (46%) had a description similar to the original one (table 2).

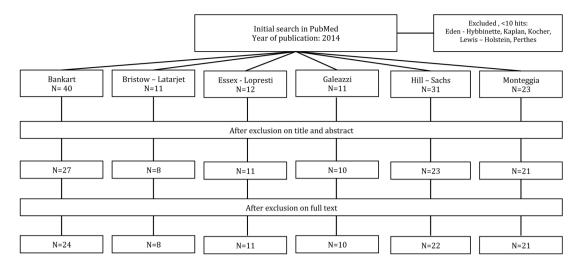
## Bristow-Latarjet procedure

Initial search with the keywords 'Bristow-Latarjet procedure' and 'Bristow-Laterjet procedure' produced 11 hits in PubMed, and after exclusion of abstract and full text, 8 remained for final analysis (graph 1).<sup>28 34–40</sup> The excluded articles were systematic reviews. Two (25%) articles did not clearly define a Bristow-Latarjet procedure. Six (75%) descriptions were divergent and none had a description similar to the original one (table 3).

## Essex-Lopresti injury of the forearm

Initial search with the keywords 'Essex-Lopresti injury of the forearm' produced 12 hits in PubMed, and after exclusion of abstract and full text, 11 remained for final analysis (graph 1).<sup>41–51</sup> The excluded article was a letter to the editor. One (9%) article did not clearly define an Essex-Lopresti injury. One (9%) description was divergent, and the remaining nine (82%) had a description similar to the original one (table 4).

## Systematic review



## **Figure 1** Flowchart depicting the process of article selection.

Table 2	Bankart (B	ankert) lesion	(articles used	l after exclusior	criteria: 24)
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First author	Journal	Description of eponym (s/d)
Armangil <sup>10</sup>	Acta Orthop Traumatol Turc	Glenoid labrum tear (d)
Forsythe <sup>11</sup>	Arthroscopy	Undefined
Burt <sup>12</sup>	Arthrosc Tech	Undefined
Kephart <sup>13</sup>	J Shoulder Elbow Surg	Undefined
Shields <sup>14</sup>	Am J Sports Med	Undefined
Ozaki <sup>15</sup>	Am J Sports Med	Undefined
Belangero <sup>16</sup>	Rev Bras Ortop	Undefined
Burks <sup>17</sup>	Arthroscopy	Undefined
Dumont <sup>18</sup>	Clin Sports Med	Detachment of the anteroinferior labrum (s)
Bernhardson <sup>19</sup>	Am J Sports Med	Anterior labral injury with an avulsed labrum and a ruptured periosteum(s)
Larribe <sup>20</sup>	Semin Musculoskelet Radiol	Injury of the anteroinferior attachment of the labrum to the glenoid rim (s)
Yamamoto <sup>21</sup>	Am J Sports Med	Labral tissue dissected from the anterior glenoid rim from the 12 o'clock to 6 o'clock position (s) $% \left( {{\mathbf{x}}_{i}}\right) =\left( {$
Guermazi <sup>22</sup>	Eur J Radiol	Detached labroligamentous complex from the anterior glenoid (s)
Edmonds <sup>23</sup>	J Child Orthop	Anteroinferior (3–6 o'clock) labral tears (s)
Zhu <sup>24</sup>	Eur J Ortho Surg Traumatol	Fibrocartilage tear of the anteroinferior edge of the glenoid, periosteum displaced along the front of the scapular neck (d) (this a Perthes lesion)
Argintar <sup>25</sup>	Knee Surg Sports Traumatol Arthrosc	Labrum detachment of the glenoid rim from 2–6 o'clock (s)
Wolf <sup>26</sup>	J Shoulder Elbow Surg	Undefined
Grimberg <sup>27</sup>	Knee Surg Sports Traumatol Arthrosc	Lesion from the 3–6 o'clock position (s)
Streubel <sup>28</sup>	J Am Acad Orthop Surg	Anteroinferior detachment of the glenoid labrum; this can be either a soft-tissue or a bony avulsion (d)
Witney-Lagen <sup>29</sup>	J Shoulder Elbow Surg	Undefined
Moran <sup>30</sup>	Arthrosc Tech	Anteroinferior capsulolabral detachment (s)
Horst <sup>31</sup>	Br J Radiol	Labrum or glenoid damage (d)
Guity <sup>32</sup>	Med J Islam Repub Iran	Anteroinferior glenoid soft tissue detachment (s)
Tudisco <sup>33</sup>	Open Orthop J	Detachment of anterior labrum (s)

d, divergent; s, similar.

#### Galeazzi fracture

Initial search with the keywords 'Galeazzi fracture' and 'Galeazi fracture' produced 11 hits in PubMed, and after exclusion of abstract and full text, 10 remained for final analysis (graph 1).<sup>52–61</sup> The excluded article was in a different language (French). Four (40%) articles did not clearly define a Galeazzi fracture. One (10%) description

was divergent, and the remaining five (50%) had a description similar to the original one (table 5).

#### Hill-Sachs lesion

Initial search with the keywords 'Hill-Sachs lesion' produced 31 hits in PubMed, and after exclusion on

Bristow-Latarjet (Laterjet) procedure (articles used after exclusion criteria: 8) Table 3 First author Description of eponym (s/d) Journal Sakeb<sup>34</sup> Open coracoid bone transfer (d) Mymensingh Med J Nourissat<sup>35</sup> Orthop Traumatol Surg Res Transferring the coracoid process, lying down or standing on the anteroinferior aspect of the glenoid, fixed with 1 screw (d) Giles<sup>36</sup> J Bone Joint Surg Am The Bristow procedure transfers only the tip of the coracoid, fixed with a screw. The Latarjet procedure transfers the entire horizontal pillar, fixed with 2 screws (d) Boileau<sup>37</sup> Clin Orthop Relat Res Coracoid bone block is fixed either in the standing position with 1 screw (Bristow procedure) or in the lying position with 2 screws (Latarjet procedure) (d) Sastre<sup>38</sup> Knee Surg Sports Traumatol Undefined Arthrosc Streubel<sup>28</sup> J Am Acad Orthop Surg Latarjet: Coracoid is osteotomised at its base and transferred so that its longitudinal axis is oriented parallel to the face of the glenoid (fixation not stated) (d) Bristow: undefined(Total scored as undefined) BMJ Case Rep Technique with grafts that are removed from the coracoid process and fixed de Figueireido<sup>39</sup> in the anterior margin of the glenoid with 2 screws (d) Willems<sup>40</sup> Curr Rev Musculoskelet Med Undefined

d, divergent; s, similar.

Table 4	Essex-Lonresti iniu	ry of the forearm	(articles used afte	r exclusion criteria: 11)
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First author	Journal	Description of eponym (s/d)
Martínez Víllen <sup>41</sup>	Chir Main	Longitudinal forearm instability due to loss of humeroradial support, with proximal radial migration and ulnar impaction syndrome (d)
Grassmann <sup>42</sup>	Bone Joint J	Fracture of the radial head with shortening of the radius, disruption of the interosseous membrane and dislocation of the distal radioulnar joint (s)
Erickson <sup>43</sup>	Pol Orthop Traumatol	Combined radial head fracture, distal radioulnar joint dislocation/subluxation, and longitudinal tear of the forearm interosseous membrane (s)
Baghdadi <sup>44</sup>	Clin Orthop Relat Res	Undefined
Venouziou <sup>45</sup>	J Shoulder Elbow Surg	Radial head fracture, interosseous membrane rupture, and distal radioulnar joint disruption (s)
Elamrani <sup>46</sup>	Surg Radiol Anat	Radial head fracture (generally comminuted); DRU joint dislocation and tear of all the radioulnar ligaments, including the antebrachial interosseus membrane (s)
Wegmann <sup>47</sup>	Acta Orthop	Fracture of the radial head, rupture of the interosseous membrane and disruption of the distal radioulnar joint (s)
McGinley <sup>48</sup>	Hand (N Y)	Comminuted radial head fracture associated with longitudinal forearm instability (s)
Brin <sup>49</sup>	Tech Hand Up Extrem Surg	Fracture of the radial head, rupture of the interosseous membrane and dislocation of the distal radioulnar joint (s)
Hernández-Cortés <sup>50</sup>	Acta Orthop Traumatol Turc	Injury disrupting the radial head, interosseous membrane and distal radioulnar joint (s)
Loeffler <sup>51</sup>	J Hand Surg Am	Radial head fracture, interosseous membrane rupture and distal radioulnar joint disruption (s)

d, divergent; s, similar.

Table 5	Galeazzi	(Galeazi)	fracture	(articles	used	after	exclusion	criteria:	10)
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First author	Journal	Description of eponym (s/d)
Gould <sup>52</sup>	J Hand Surg Eur	Complete palmar displacement of the distal radial epiphysis and greenstick fracture of the distal ulna (d)
Köse <sup>53</sup>	Arch Orthop Trauma Surg	Undefined
Saka <sup>54</sup>	Eur J Orthop Surg Traumatol	Undefined
Sabat <sup>55</sup>	Indian J Orthop	Undefined
Nagy <sup>56</sup>	BMJ Case Rep	Distal radial fracture with volar ulnar dislocation (s)
Fillingham <sup>57</sup>	Pol Orthop Traumatol	Fracture of the radial shaft with dislocation of the distal radioulnar joint (s)
Takemoto <sup>58</sup>	J Orthop Traumatol	Fractures of the radial shaft with concomitant distal radioulnar joint dislocation (s)
Little <sup>59</sup>	Radiographics	Distal radial fractures at any level with associated dislocation of the distal radioulnar joint, resulting in ulnar luxation (s)
Fayaz <sup>60</sup>	Handchir Mikrochir Plast Chir	Fracture of the middle to distal third of the radius, associated with DRUJ dislocation and/or instability (s)
Saka <sup>61</sup>	Injury	Undefined

d, divergent; DRUJ, distal radial ulnar joints; s, similar.

First author	Journal	Description of eponym (s/d)
Ozaki <sup>15</sup>	Am J Sports Med	Notch located at the posterolateral aspect of the humeral head (s)
Burks <sup>17</sup>	Arthroscopy	Undefined
Patel <sup>62</sup>	Orthop Clin North Am	Compression fracture of the posterolateral aspect of the humeral head (s)
Zhu <sup>24</sup>	Eur J Orthop Surg Traumatol	Posterolateral humeral head compression fracture (s)
Argintar <sup>25</sup>	Knee Surg Sports Traumatol Arthrosc	Bony defect between posterior edge of the bicipital groove and the plane between the inferior margin of the infraspinatus tendon and the superior margin of the teres minor (s)
Gyftopoulos <sup>63</sup>	Am J Roentgenol	Impaction of the posterosuperior margin of the humeral head (s)
Omori <sup>64</sup>	Am J Sports Med	Undefined
Wolf <sup>26</sup>	J Shoulder Elbow Surg	Bone lesions of the posterior humeral head (s)
Agneskirchner <sup>65</sup>	Oper Orthop Traumatol	Humeral bone loss (d)
Grimberg <sup>27</sup>	Knee Surg Sports Traumatol Arthrosc	Osseous defects at the humeral head level (d)
Streubel <sup>28</sup>	J Am Acad Orthop Surg	Posteromedial impaction of the humeral head (d)
McCabe <sup>66</sup>	Arthroscopy	Undefined
Chan <sup>67</sup>	J Surg Orthop Adv	Undefined
Mohtadi <sup>68</sup>	J Bone Joint Surg Am	Undefined
Aslani <sup>69</sup>	Arch Bone Jt Surg	Bone defect in the posterolateral side of the humeral head (s)
Di Giacomo <sup>70</sup>	Curr Rev Musculoskelet Med	Bone loss of the proximal humerus (d)
Witney-Lagen <sup>29</sup>	J Shoulder Elbow Surg	Undefined
Magee <sup>71</sup>	Skeletal Radiol	Undefined
Omi <sup>72</sup>	Arthroscopy	Posterolateral humeral head defects (s)
Horst <sup>31</sup>	Br J Radiol	Impression fracture on the posterior humeral head (s)
Di Giacomo <sup>73</sup>	Arthroscopy	Bone loss of the proximal humerus (d)
Guity <sup>32</sup>	Med J Islam Repub Iran	Compression fracture of the posterolateral side of the humeral head (s)

 Table 6
 Hill-Sachs lesion (articles used after exclusion criteria: 22)

d, divergent; s, similar.

abstract and full text, 22 remained for final analysis (graph 1).<sup>15</sup> <sup>17</sup> <sup>24–29</sup> <sup>31</sup> <sup>32</sup> <sup>62–73</sup> The excluded articles were in a different language (two Spanish, one Czech), reported on reverse Hill-Sachs lesions (3), or were systematic reviews (3). In total, 7 (32%) articles did not clearly define a Hill-Sachs lesion. A total of 5 (23%) descriptions were divergent, and the remaining 10 (45%) had a description similar to the original one (table 6).

#### Monteggia fracture

Initial search with the keywords 'Monteggia fracture' and 'Montegia fracture' produced 23 hits in PubMed, and after exclusion of abstract and full text, 21 remained for final analysis (graph 1).<sup>53</sup> <sup>74–93</sup> The excluded articles were in a different language (two Chinese). In total, 11 (52%) articles did not clearly define a Monteggia fracture. A total of 5 (24%) descriptions were divergent, and the remaining 5 (24%) had a description similar to the original one (table 7).

In total, 96 articles were analysed, of which 27 (28%) were scored divergent, 32 (33%) undefined and 37 (39%) similar.

#### Discussion

Although our series are small, it is the first time that the use of eponymous terms is studied in this manner. We limited our search to the year 2014 since our goal is to get a contemporary idea of the use of eponyms and we did not have the intention to do a thorough historical analysis of past use of the chosen eponymous terms. The major finding of our analysis is that the majority of eponymous terms are not used as originally described (61%). There was a large variety in the results, but a 100% match between the original description of the eponymous term and the meaning of the same eponymous term in our study period was not found. For the Bristow-Latarjet procedure none of the recently used eponyms were in concordance with the original. The reason that 75% of the recent descriptions diverged from the original one is because of the complex nature of this eponymous term, which encompasses two techniques. By stating this in the Materials and Methods section and by referring to the used technique, it is possible to still use the eponymous. A similar description can thus be named, although using only one or maybe a variation of the technique.

The use of eponymous terms in orthopaedic surgery is a well-known mirror of our professional past. Eponymous terms commemorate the pioneers that shaped our profession the way it is practiced today, although it is possible that the eponym is not the one that first described the condition that came to bear his name. This is known as Nonoriginal Malappropriate Eponymous Nomenclature (NOMEN).94 However, in the years following the initial description of certain conditions or surgical techniques, advancing insights changed classifications of diagnoses/pathologies and treatment algorithms. The original description might therefore no longer be appropriate. Often an addition of a 'variant' or 'modification' to the eponymous term is used to show that its meaning has been changed. This is in concordance with Ravitch's statement on eponyms that: '1) The

Table 7 Mont	Table 7         Monteggia fracture (articles used after exclusion criteria: 21)			
First author	Journal	Description of eponym (s/d)		
Kozin <sup>74</sup>	Instr Course Lect	Undefined		
Bor <sup>75</sup>	J Pediatr Orthop	Undefined		
Andjelkoviç <sup>76</sup>	Srp Arh Celok Lek	Fracture of the proximal third of the ulna with anterior dislocation of the radial head (s)		
Ramirez <sup>77</sup>	J Pediatr Orthop	Undefined		
Delpont <sup>78</sup>	Orthop Traumatol Surg Res	Undefined		
Köse <sup>53</sup>	Arch Orthop Trauma Surg	Undefined		
Mellema <sup>79</sup>	J Hand Surg Am	Undefined		
Ray <sup>80</sup>	J Pediatr Orthop B	Radial head dislocation with plastic deformity of the ulna (d)		
Ha <sup>81</sup>	BMC Res Notes	Fracture of the proximal third of the ulna with associated anterior radial head dislocation (s)		
Rehim <sup>82</sup>	J Hand Surg Am	Fracture of the shaft of the ulna accompanied by anterior dislocation of the radial head (d)		
Kim <sup>83</sup>	J Pediatr Orthop B	Anterior dislocation of the radial head with plastic deformation of the ulna (d)		
Little <sup>84</sup>	Orthop Clin North Am	Fracture of the proximal ulna with dislocation of the radial head (s)		
Datta <sup>85</sup>	J Clin Diagn Res	Undefined		
Williams <sup>86</sup>	BMC Res Notes	Undefined		
Laratta <sup>87</sup>	J Orthop Traumatol	Elbow dislocation with concurrent radial and ulnar shaft fracture with distal radioulnar joint disruption (d)		
Otsuka <sup>88</sup>	J Pediatr Orthop B	Undefined		
Hagedorn <sup>89</sup>	J Hand Surg Am	Undefined		
Segaren <sup>90</sup>	Case Rep Surg	Undefined		
Beutel <sup>91</sup>	Int J Surg Case Rep	Fracture of the proximal ulna with associated radial head dislocation (s)		
Agrawal <sup>92</sup>	J Pediatr Orthop B	Fracture of the proximal ulna associated with anterior dislocation of the radial head (s)		
Chagou <sup>93</sup>	Pan Afr Med J	Ulnar fracture and radial head dislocation (d)		
d descent a	-ttl			

d, divergent; s, similar.

man so honoured was not the first to describe the disease, operation or instrument; 2) He misunderstood the situation; 3) He is generally misquoted; and 4) 1, 2 and 3 are simultaneously true<sup>95</sup> This can add complexity to the scientific comparison and discussion. It is important to determine whether the definition is similar when talking, reading or writing about a condition or surgical technique. It has been shown that it might not be the case when using eponymous terms.<sup>96</sup>

The origin of eponymous terms is diverse; it varies from citing the first or most well-known author of the original description in an article<sup>97</sup> or book<sup>98</sup> to using it to honour the person we learnt from.<sup>2</sup> Sometimes the original author himself dedicates the finding to his own name.<sup>99</sup> Independently of origin, eponymous terms are and will remain part of our daily routine.

Eponymous term divergence may be due to a lack of specificity in the description given in the current literature. It would take a larger group with focus on one single eponymous term to investigate this. When a new description appeared for the analysed eponymous terms, our results did not show it as being used by all the authors. Divergent descriptions can be ascribed to a variety of reasons (all tables).

The group that kept the eponymous term undefined poses difficulties. This would only be a theoretical problem if all the other descriptions were similar to the original ones, and (although scientifically it is not appropriate) we could assume that the undefined eponymous term is used similarly to the original description. As this is not the case, we cannot be sure that the articles that did not define the meaning of the eponymous term used it correctly. This makes the research results hard to interpret and apply in our daily practice.

Systematic reviews were excluded, because they report on other (older) articles and do not necessarily use the eponymous term as a distinctive marker themselves. Although excluded for this reason, the article by Trivedi *et al*<sup>100</sup> is an interesting example of erroneous use of eponymous terms, since it states that a Bankart lesion is defined as glenoid bone loss. Their recommendations should be carefully interpreted, as a search for Bankart lesions for that review will mostly result in articles reporting on labral tears; hence, the definitive article selection should be corrected for this. It probably means that over time adaptation of the Bankart lesion has occurred. In the past, bony avulsion was referred to as a 'bony Bankart' and over time the condition was attributed to Bankart.

A limitation to our study is that we chose a time span of 1 year to search our articles in. We feel though that this results in enough articles we could analyse to answer our research question for this study. Since it was the first time this kind of study was performed, we chose to keep the limit to this time span as a form of pilot. Further studies could direct their search on a limited amount of eponymous terms from the first time they are described up until today to obtain a clear understanding of the use of the eponymous term over time. Another limit is that the study is restricted to elbow and shoulder surgery; therefore, it might not be applicable to other specialties. The found literature on the debate, whether or not eponyms should be used, is from all kinds of specialties, so the issue seems applicable to general medicine. To research all fields of medicine in one study would be better but unrealistic in our view, since there are more than 20 000 medical eponyms.<sup>101</sup> <sup>102</sup>

We recommend describing the lesion in relation to the local (patho)anatomy or trauma mechanism since it is less prone to misinterpretation. When an eponymous structure, lesion or therapy is used, the Materials and Methods section should specify the used anatomical/ pathological meaning of the eponymous term. A reference to the original description or the description used should also be given. When the description diverges from the original, it should be stated in what way the eponymous term is being used.

## Conclusion

Eponymous terms in shoulder and elbow trauma and surgery are used inadequately and inconsistently. The use of eponymous terms probably cannot be avoided in scientific literature and in daily patient care, but it should be regarded with care.<sup>103 104</sup> This, since the majority of eponymous terms are not used according to their original description and understanding of their meaning, differs among medics and researchers. Since eponymous terms are hard to abolish in our daily practice and an explanation on their meaning will not always be given, we propose that when used in the scientific literature, the original description or current use should be clarified. The Materials and Methods section of each article should explicitly specify the supposed meaning of the used eponymous term. Only then can we interpret the results correctly.

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